

## **REPORT ON THE CELEBRATION OF WORLD YOGA DAY**

The World as a whole celebrated June 21<sup>st</sup> 2017 as World Yoga Day. Kerala University College of Teacher Education, Kumarapuram also became part of the World wide celebration. Yoga has become part of the B.Edprogramme, and as such there is regular practice of yoga by the students in the institution. June 21<sup>st</sup> was a special occasion to the students as the students could make use of the day to do all the 'Asanas' they practiced in their daily Yoga performance. The Principal Dr.M.VijayaKumariAmm along with Physical Education faculty Smt.Seenu.G and all other faculty members enjoyed the occasion by becoming part of it. The whole hearted support was extended by the non-teaching staff of the College. All of us are aware of the importance of yoga practice for a sound body and mind and thereby lead a healthy life.

Jai Hind

Dr.M.VijayakumariAmm

PRINCIPAL